



# Personalized Extensive Food Sensitivity Testing page 2

This is one of the completed pages you will receive. It is not necessary to send in this page. NB. We have stopped testing Alcohol , colas beef, pork, ham because they were highly negative almost all the time.

<b>Food</b>	<b>WBV Change</b>
<b>Proteins</b>	
Buffalo	-----
Chicken	-----
Eggs	-----
Fish	-----
Lamb	-----
Liver	-----
Shellfish	-----
<b>Turkey</b>	-----

<b>Beverages</b>	
Coffee	-----
Nut milk	-----
Tea (regular)	-----
Soy beverage	-----

<b>Grains</b>	
Amaranth	-----
Barley	-----
Buckwheat	-----
Spelt	-----
Kamut	-----
Millet	-----
Oats	-----
Quinoa	-----
Rice (white)	-----
Rice (brown)	-----
Rye	-----
Wheat	-----
Cornmeal	-----

<b>Condiments</b>	
Miso	-----
Mustard	-----
Pepper	-----
Sea Salt	-----

<b>Dairy Products</b>	
Butter	-----
Buttermilk	-----
Cheese	-----
Cottage Cheese	-----
Clarified Butter	-----
Ice Cream	-----
Margarine	-----
Milk (cows)	-----
Milk (goat)	-----
Yogurt	-----

<b>Miscellaneous</b>	
Tofu	-----
Seaweed	-----
Flax meal	-----

<b>Interpretation</b>	
<b>100 to 800</b>	<b>WBV Enhancer</b>
<b>-100 to 100</b>	<b>Neutral</b>
<b>-100 to -800</b>	<b>WBV Inhibitor</b>

<b>Food</b>	<b>WBV Change</b>
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<b>Nuts and Seeds</b>	
Almonds	-----
Cashews	-----
Chestnuts	-----
Hazelnuts	-----
Peanuts	-----
Pecans	-----
Pistachios	-----
Pumpkin Seeds	-----
Sesame Seeds	-----
Sunflower Seeds	-----
Walnuts	-----

<b>Fruits</b>	
Fresh	-----
Juiced	-----
Cooked	-----
Dried	-----
Apples	-----
Apricots	-----
Bananas	-----
Cherries	-----
Coconuts	-----
Dates	-----
Figs	-----
Grapefruit	-----
Grapes	-----
Kiwi Fruit	-----
Lemons	-----
Melons	-----
Oranges	-----
Nectarines	-----
Papayas	-----
Peaches	-----
Pears	-----
Pineapples	-----
Plums	-----
Strawberries	-----